Child Abuse Survivor Releases Inspiring Book Sharing His Story of Triumph After Incredible Trauma



Scars: Leaving Pain in the Past

A raw, unflinching memoir about how one man overcame the scars of a life-altering, horrific night at the hands of his unthinkably cruel child abuser. The almost fatal burns to his face happened when he was one years old, but at 43 years old today - and after eight years of sobriety and countless demons fought and slayed - he's a man who has been through hell and can now inspire and help others sort their way through their own personal trauma to find peace.

Mt. Juliet, TENN. - Child abuse survivor, recovering addict and speaker, <u>Keith Edmonds</u>' life has been one of great hardships and successes. His life was forever changed when at 14 months old, his crying upset his mother's boyfriend so much, he stormed into Keith's room, picked him up and held his face to an electric heater. Left with horrific third-degree burns and clinging to life, he miraculously survived but was left scarred for life.

In his new book, <u>Scars: Leaving Pain in the Past</u>, Edmonds' recounts his harrowing experiences of child abuse and the devastating impact it had on his life, including broken relationships, addiction, and thoughts of suicide. Against all odds, he fought to turn his life around and became an advocate for others to do the same.

In his unlikely story of redemption, Edmonds' not only inspires, but teaches readers to use their scars, emotional and physical, as the fuel to reach their full potential. Keith helps readers realize making the daily choice to unlearn old, toxic habits is the path to life transformation. He gives them specific techniques to help create a healthy mindset, overcome depression, anxiety, and/or substance abuse.

Edmonds' is a nationally recognized child abuse survivor advocate, keynote speaker and founder of the <u>Keith Edmonds Foundation</u>, an organization dedicated to empowering child abuse victims to become survivors. Edmonds' has been featured in People, Inside Edition, CBS CNN and as an expert resource for various anti-child abuse groups.

Now at 43 years old and eight years of sobriety later, Scars: Leaving Pain in the Past, will be released September 9, 2020; the date commemorates both his birthday as well as eight years of sobriety. The book is available online at all major retailers including Amazon.com, Walmart.com, Target.com, BarnesandNoble.com and Keith's website. You can visit KeithEdmonds.com to learn more about his story and upcoming events.

Media Contact: Melissa Kennedy, Melissa@exclusivepr.biz, 708.717.8707 Additional photos are available by request. Review copies & sell sheet available. Edmonds is set up to do TV interviews and live hits from a home set.